Best Vitamin C Serums for Oily, Dry & Sensitive Skin Types

PURE GLOW, PURE YOU

Introduction

- □ Vitamin C serum = Holy grail skincare
- - Brightens skin & reduces dark spots
- - Boosts collagen
- - Protects against sun damage

Why Skin Type Matters

- - Oily Skin → Lightweight, water-based
- - Dry Skin → Hydrating, nourishing
- - Sensitive Skin → Gentle, low concentration

Best Vitamin C Serums for Oily Skin

- □ Light, non-sticky, non-comedogenic (10–15%)
- Top Picks:
- 1. Minimalist 10% Vitamin C Serum
- 2. La Roche-Posay Pure Vitamin C Serum
- 3. Plum 15% Vitamin C Face Serum

Best Vitamin C Serums for Dry Skin

- □ Hydration + nourishment (10–20%)
- Top Picks:
- 1. Kiehl’s Powerful-Strength Vitamin C Serum
- 2. Dot & Key 20% Vitamin C Face Serum
- 3. TruSkin Vitamin C Serum (with Aloe + Vit E)

Best Vitamin C Serums for Sensitive Skin

- □ Gentle, low concentration (5–10%)
- □ Alcohol-free, fragrance-free
- Top Picks:
- 1. The Ordinary Ascorbyl Glucoside 12%
- 2. Klairs Freshly Juiced Vitamin Drop (5%)
- 3. CeraVe Skin Renewing Vitamin C Serum

Tips for Safe Use

- How to use safely:
- - Do a patch test first
- - Apply after cleansing (preferably morning)
- - Always use sunscreen after
- - Start 2–3 times/week, then increase

Conclusion

- □ Vitamin C serum works for all skin types
- - Oily → Lightweight formulas
- - Dry → Hydrating & creamy serums
- - Sensitive → Gentle, low strength
- □ Choose right → Pure Glow, Pure You!

FAQs

- - Q1: Can oily skin use Vitamin C daily? → Yes, lightweight formula
- - Q2: Is it safe for sensitive skin? → Yes, low concentration
- - Q3: Morning or Night? → Best in morning with sunscreen
- - Q4: Results? → 4–6 weeks with consistent use